



Suicide Awareness

Duration: 7 Hours

Cost: £1250

Delivery: In Person or Online

This course is designed to educate individuals about the realities of suicide, including risk factors, warning signs, and how to provide support to someone who may be at risk. This course aims to empower individuals to recognise, respond to, and ultimately help prevent suicide

Course Aims:

- To increase knowledge and understanding of suicide.
- To dispel myths and reduce stigma.
- To teach participants how to recognise individuals at risk.
- To equip participants with the skills to intervene and provide support.
- To promote help-seeking behaviours.
- To enhance safety planning.
- To foster a sense of community responsibility.

Course Outcomes:

Learners will have:

- Increased knowledge and understanding of suicide prevalence, risk factors, and warning signs.
- Enhanced recognition of risk.
- Improved confidence in intervention.
- Increased help-seeking behaviours.
- Reduced stigma levels around suicide.

Details

In- person	Online
£1250	£1250
Maximum 18 Attendees	Maximum 25 Attendees
Full Day 30 minute lunch break plus 2 comfort breaks	Full Day 30 minute lunch break plus 2 comfort breaks

*Prices exclude VAT

I will use this training to identify more easily the factors discussed in this course and will be able to identify certain behaviours far quicker and easier and be able to put a speedy plan of action in place to deal with the crisis in hand.

Book Your Training Today

To book one of our courses, or to request more information, or receive a no-obligation quote, please get in touch with our friendly team at Learn@storicymru.org.uk or use the enquiry form on our website. We'll be happy to assist you with any questions and help you find the training that best suits your needs.

Bespoke Training Tailored to You

If you have specific training needs, we would be delighted to collaborate with you to develop a programme that aligns with your objectives and empowers your team to excel.

Please reach out to us to discuss how we can support your organisation's growth and success.