



Anti-pathologising Trauma-Informed Approaches

Duration: 5 Hours

Cost: £1000

Delivery: In Person or Online

APTI training helps professionals to critically explore how our responses to trauma, distress or oppression are viewed by many as mental illness. We look at the history of psychiatry and link a pathologising view to our tendency to blame victims for their misfortune. APTI is best considered an approach to culture change that would require systemic redesign, consistent and confident leadership, an increase in education, and a change in service delivery.

Course Aims

- To understand what is meant by 'trauma', 'trauma-informed' and 'anti-pathologising'.
- To explore the history of mental illness and how people (especially marginalised groups) have been affected
- Examining how pathologisation links with victim-blaming, discrimination, shame, and oppression.
- To understand trauma responses, behaviours and trauma triggers

Course Outcomes

- Learners will:
- Understand the terms 'Trauma-informed' and 'anti-pathologising'
- Learn how to support people using an APTI approach

Details

| In- person | Online |
|----------------------|----------------------|
| £700 | £700 |
| Maximum 18 Attendees | Maximum 25 Attendees |

*Prices exclude VAT

Book Your Training Today

To book one of our courses, or to request more information, or receive a no-obligation quote, please get in touch with our friendly team at Learn@storicymru.org.uk or use the enquiry form on our website. We'll be happy to assist you with any questions and help you find the training that best suits your needs.

Bespoke Training Tailored to You

If you have specific training needs, we would be delighted to collaborate with you to develop a programme that aligns with your objectives and empowers your team to excel.

Please reach out to us to discuss how we can support your organisation's growth and success.